



## Community in Motion: Announcing Our Partnership with Endless Sports

### A New Space for Belonging, Athletics, and Connection

We are thrilled to announce a dynamic new partnership with **Endless Sports**. Together, we are launching **The Social Club**—a monthly gathering designed specifically for teens and young adults with disabilities to find their crew, move their bodies, and recharge their spirits.

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### The Power of Social Belonging

For many young adults, the journey toward independence can sometimes feel like a long, solo trek. At its heart, our program has always been a **Waystation**: a place to pull off the trail, find resources, and regenerate. By partnering with Endless Sports, we are expanding that mission to include the transformative power of inclusive athletics and team-based play.

**The Social Club** is built on the belief that everyone deserves a "Home Base"—a consistent, safe, and high-energy environment where:

- **Friendships are Formed:** Moving beyond structured "programming" into genuine, organic social "hangouts."
  - **Barriers are Broken:** Through inclusive sports and shared activities, we celebrate what every individual *can* do.
  - **Confidence is Built:** Providing a low-pressure space to practice social skills and physical movement.
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### What is "The Social Club"?

The Social Club is more than just an event; it is a **community reset**. Recognizing that every person recharges differently, our gatherings at the **Northwest Cary YMCA** offer a dual-track experience:



- **The Active Track:** In collaboration with Endless Sports, participants can engage in gym-based activities like shooting baskets, light drills, and team movement.
- **The Connection Track:** For those looking for a quieter pace, we offer board games (like Uno), creative projects, and space for conversation.
- **The Sideline:** We remain committed to accessibility by providing a dedicated sensory room—a quiet "oasis" for those who need to unplug and regulate during the event.

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### Our Shared Vision

By blending our focus on "Socializing and Serving" with the athletic expertise of Endless Sports, we are creating a holistic "hangout" that serves the whole person. We invite our community to join us as we build a future where no one is left on the sidelines.

*"A waystation isn't just a stop on the map; it's the community you find while you're there that gives you the strength for the next leg of the journey."*